### HELPFUL TIPS FOR USING A PHONE WITH HEARING AIDS

## PUT YOUR PHONE ON SPEAKER MODE

This lets you listen with two ears instead of one while also helping to reduce interference

#### HOLD THE PHONE UP NEAR YOUR HEARING AID MICROPHONE

If you can't use the speakerphone, this lets your hearing aid pick up the sound louder and clearer

# TILT THE SPEAKER AWAY TO PREVENT FEEDBACK

Say goodbye to disruptive screeches and whistle noises with a simple tilt of the phone's speaker

## TAKE CALLS DIRECTLY TO YOUR HEARING AIDS

Look for hearing aid and phone models equipped with Bluetooth® or telecoil technology

#### TRY A HEARING AID COMPATIBLE CAPTIONED TELEPHONE

These phones come with useful extra features like amplification, tone control, and captioning



Using a phone can feel a little different with hearing aids. You may have experienced feedback or been unsure of how to get the best sound quality.

Here are some helpful tips!

#### Put your phone on speaker mode

Turning on your speakerphone mode has a couple of benefits. First, it allows you to hold or not have the earpiece next to your hearing aid, reducing the chance of any interference. Second, since you're holding the phone further away, it allows you to listen with two ears instead of one.

#### Hold the phone up near your hearing aid microphone

Another tip has to do with where you hold the phone. Depending on the power of your hearing aid and the volume of your phone, you can experiment to determine the ideal distance between your phone and your hearing aid microphone. Holding the phone near your hearing aid's microphone will let you pick up the sound as clearly as possible.

#### Tilt the speaker away to prevent feedback

Hearing aid feedback can sound like a whistle, screech, hiss, or another sound. You may not experience this feedback if you have a newer hearing aid or a hearing aid telephone with technology that helps reduce interference. However, if you notice disruptive feedback noises, tilting your phone's speaker away from your hearing aid can help.

#### Take calls directly to your hearing aids

If you have Bluetooth®-enabled hearing aids and a phone with Bluetooth compatability as well, you can connect the two to deliver the sound directly to your ears. Or, you may have a hearing aid with telecoil technology, in which case you can funnel sound directly from a T-coil compatible phone.

#### Try a hearing aid telephone with captioning

Hearing aid compatible telephones add some extra features that most traditional phones don't have. For instance, they can amplify sound louder than traditional phones and offer tone control that you can personalize to your ideal hearing level. Captioned hearing aid telephones let you read the caller's words on a display screen. This combination of reading and listening to phone conversations helps ensure you never miss a word!

OUTREACH • EDUCATION • INSTALLATIONS

To learn how captioned telephones can help anyone with hearing loss, contact your local outreach educator:

1-877-473-4003 outreach@oeius.org